

About the Presenter:

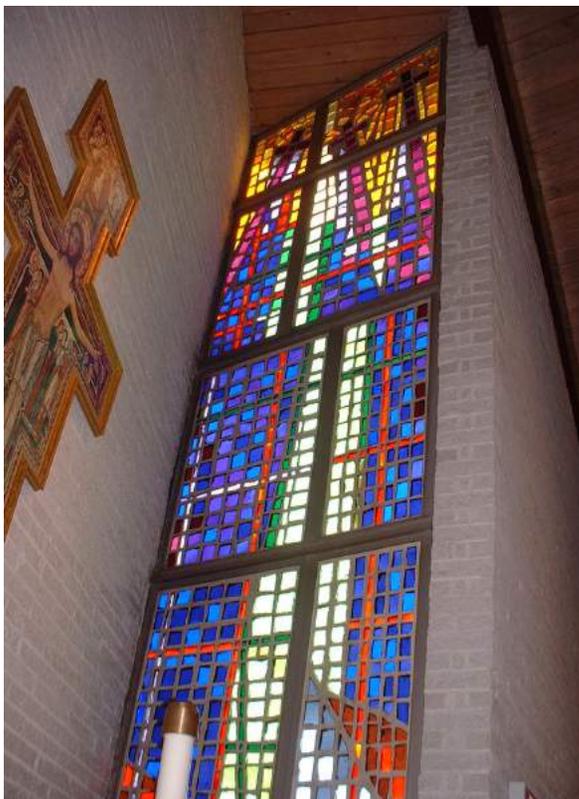


Janet Schaeffler, OP

A leader of days of reflection/retreats, parish missions, workshops/presentations, facilitator of groups, author, and facilitator of online classes (University of Dayton and Boston College), **Janet Schaeffler, OP** continues the ministry in which she was involved in parishes and as Director of Adult Faith Formation for the Archdiocese of Detroit.

Janet created and publishes GEMS - a monthly newsletter from an ongoing international best practices study on adult faith formation. Some of her recent books are *A Glorious Light is Coming*; *Deepening Faith: Adult Faith Formation in the Parish*; *The Spirituality of the Catechist*; *The Creed: Understanding and Sharing What We Believe*; *Teaching Kids to Care*, *Marian Prayers from our Tradition*; *Hope: Scripture Reflections and Conversations*; *How to Talk to Children about Jesus*; *Lessons and Activities on What Makes Us Catholic*.

In April 2010 Janet received the Distinguished Service Award in Catechetics from NCCL. Janet has been named one of the people who have made a "significant contribution" to the field of Christian religious education in the North American context by the "Christian Educators of the 20th Century Project," Talbot School of Theology.



CAPUCHIN RETREAT

...A BEAUTIFUL PLACE TO PRAY

Capuchin Retreat

Capuchin Retreat
62460 Mt Vernon Rd
Washington, MI 48094

Phone: 248 651-4826
Web: www.capretreat.org
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Lenten Lessons from the Mystics

Monday, April 1, 2019
9am-2pm



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Lenten Lessons from the Mystics

Our Lenten days invite us to deepen our human journey of faith. All around us, many people, traditions and practices are with us with wisdom, support and encouragement.

It has been said that the mystics of the past and today, are those who simply take a long, loving look at reality. Most mystics of the past haven't spoken directly about the season of Lent. Yet, perhaps their vision, insights, and experiences can be guides for us today:

- Who are we?
- How are we invited to experience God?
- How do we live in the dark times and in the light?
- How are we challenged to live life with delight?

During this reflective day, we will explore some of the many insights and experiences of the mystics with not only presentation and discussion, but also prayer and quiet time.



Join us here at Capuchin Retreat on

Monday, April 1, 2019

9:00 AM—Registration & Continental Breakfast

9:30 AM—Program

Noon —Lunch

1-2 PM —Program

Suggested offering for this program is \$45. To register for this program or any other programs please call 248 651-4826, or you may register online at www.capretreat.org




Capuchin Retreat
A place for all seasons of life