

About the Presenter:



Janet Schaeffler, OP

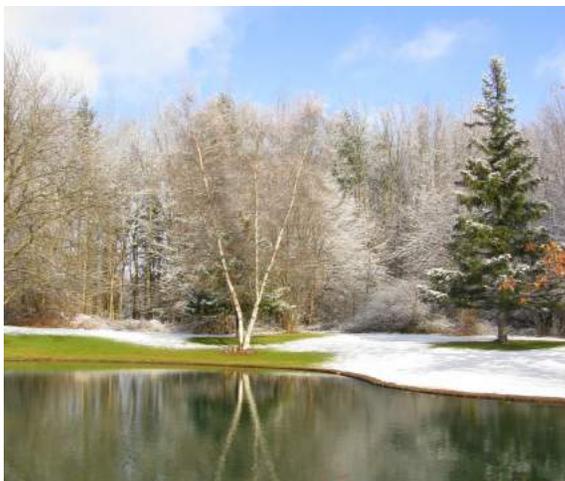
A leader of days of reflection/retreats, parish missions, workshops/presentations, facilitator of groups, author, and facilitator of online classes (University of Dayton and Boston College), **Janet Schaeffler, OP** continues the ministry in which she was involved in parishes and as Director of Adult Faith Formation for the Archdiocese of Detroit.

Sr. Janet created and publishes GEMS - a monthly newsletter from an ongoing international best practices study on adult faith formation. The author of hundreds of articles and several publications, some of her most recent books are *Present-Moment Prayers*, *The Catechist's Guide to Catholic Prayers*, *Prepare the Way of the Lord* (Advent 2018); *Deepening Faith: Adult Faith Formation in the Parish*; *The Creed: Understanding and Sharing What We Believe*; *The Spirituality of the Catechist*; *Teaching Kids to Care*, *Marian Prayers from our Tradition*; *Hope: Scripture Reflections and Conversations*; *How to Talk to Children about Jesus*; *Activities for What Makes Us Catholic*; and a contributor to *The Seasons of Adult Faith Formation*.

Janet has been named as one of the people who have made a "significant contribution" to the field of Christian religious education in the North American context by the "Christian Educators of the 20th Century Project," Talbot School of Theology, Biola University, La Mirada, CA (<http://www.talbot.edu/ce20/educators/>



"Always give thanks for everything to God"
Ephesians 5:20



"I don't have to chase extraordinary moments to find happiness.

It's right in front of me if I'm paying attention and practicing gratitude. "

Brené Brown

Capuchin Retreat
.....A BEAUTIFUL PLACE TO PRAY

Gratitude is More than one November Day

Thursday, November 7, 2019
9am-2pm



1 Thessalonians
5:16-18

Capuchin Retreat
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Gratitude is More than One November Day

Growing up, we were taught to say thank you. Today the market is flooded with books on gratitude. More and more research tells us that practicing gratitude is good for us physically, emotionally, socially, and spiritually. Thanksgiving Day in America is a cherished and valued holiday. Scripture challenges us to practice – to live – gratitude.

Gratitude surrounds us; gratitude pours forth from us. Does it? Might there be ways we can more deeply be people of gratitude? What might that look like? Will living gratefully comfort us? Will it challenge us? Through prayer, content, reflection and conversations during this day, let's explore the possibility that gratitude can make a difference in our lives, in the life of our world.

Join us here at Capuchin Retreat, a Beautiful place to pray.



Gratitude is More than One November Day **Thursday, November 7, 2019**

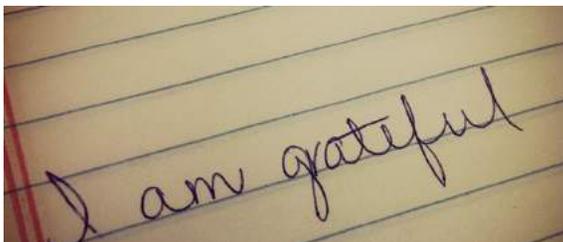
9:00 AM—Registration & Continental Breakfast

9:30 AM—Program

Noon —Lunch

1-2 PM —Program

The suggested offering for this day is \$45. To register for this event or any other programs please call us at 248 651-4826, or you may register online at www.capretreat.org



Give us this day our
Daily Bread
Matthew 6-11


Capuchin Retreat
A place for all seasons of life