

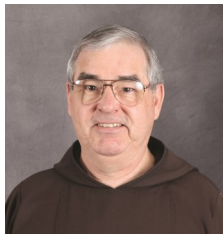
CAPUCHIN RETREAT
...A BEAUTIFUL PLACE TO PRAY

Presenters:

The presenters will be:



Fred Cavaiani, LLP,
LMFT, Psychotherapist,
Marriage and Family Therapist,
Spiritual Director
and Staff Member at
Capuchin Retreat.



Fr. Tom Zelinski
OFM Cap, Director
Capuchin Retreat.



Here are the comments of those who have attended programs at Capuchin Retreat.

"I loved the sharing. It was so inspiring. Fr. Jim, Fr. Tom and Fred shared their wisdom and deep spiritual growth with us. I would encourage people to experience this program. Experience the journey we are all traveling together."

"There is a lot to learn about getting older and getting closer to God. I liked everything about this program."

"Great fellowship, words of wisdom, insight and good sound spiritual principles"

"Listening to the thoughts and experiences of all the people and interacting with Fred and the Brothers was amazing. If the peace summits were held here, what a wonderful world it would be."

"It is never too late to have the best ahead of you. I need to come here more often."

"Take the time to attend this program-make the special effort. Enriching, thought provoking. Sharing relaxed atmosphere. Fred's expertise, Fr Jim and Fr Tom's participation was so inspiring."


"I felt uplifted, a sense of community. The experience strengthened my faith. The meditation and contemplation at the beginning set the perfect tone and mood for the program."

CAPUCHIN RETREAT

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62460 Mt Vernon Rd
P O Box 396
Washington, MI 48094
Phone: 248 651-4826
Fax: 248 650-4910
Web: www.capretreat.org
E-mail: info@capretreat.org



**Capuchin
Retreat** 

*A place for all
seasons of life*

My Faith and My Spiritual Life

Sharing My Testimony of Faith With Others

Wednesday, February 21, 2018

9-4 pm

Why I Choose to Remain Catholic In My
Journey through Life

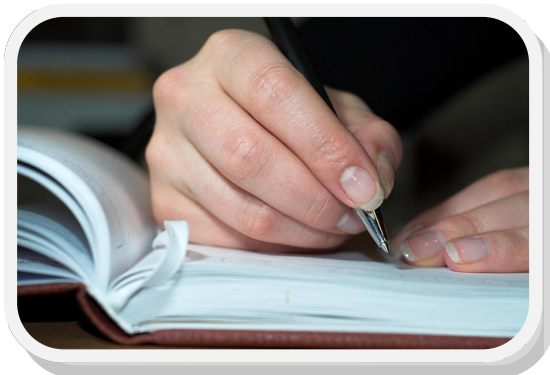


My Spiritual Journey Through Life

Each person chooses a faith or abandons a faith in their journey through life. There is a deep desire inside of every person to find a personal relationship with God. Some people choose to join other denominations to do this. Some people choose to have no religious affiliation. Yet each person in some way is trying to find a deeper meaning in life.

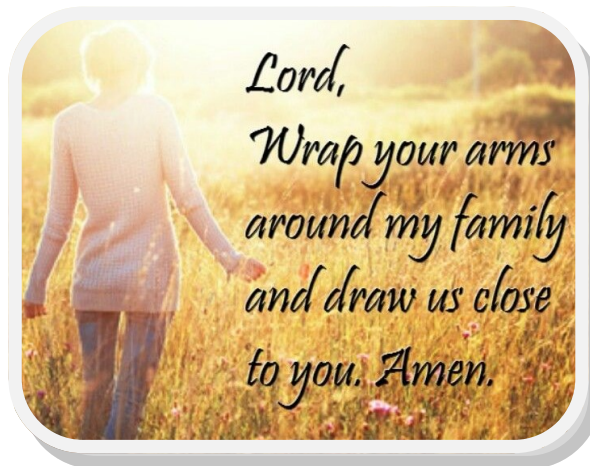
What has helped you in your journey through life? You have remained Catholic. What is it about your Catholic Faith that has engaged and inspired you to remain a practicing Catholic? What are the **TREASURES IN THE CHURCH** that remain very personal for you?

What would you like to tell your children and grandchildren, friends and relatives about your spirituality through life?



What does prayer and meditation mean for you? In the midst of pain and suffering how has your faith helped you? What do the Cross and Resurrection mean for you? Why do you continue to go to Mass?

Our children, grandchildren and friends deserve to know why we have chosen to remain Catholic. We have a glorious, personal story to tell about our spiritual relationship with God in the Catholic Church. During this day we will also learn to write about our experiences so we can give a personal account to our children, grandchildren and friends. We need to leave behind a testament of our Faith Life. After we have shared this journey we will have some time to write, so we can give this summary of Faith to others.



Suggested offering: \$45 includes continental breakfast & lunch

To register call 248 651-4826, or you may register on-line at www.capretreat.org.

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