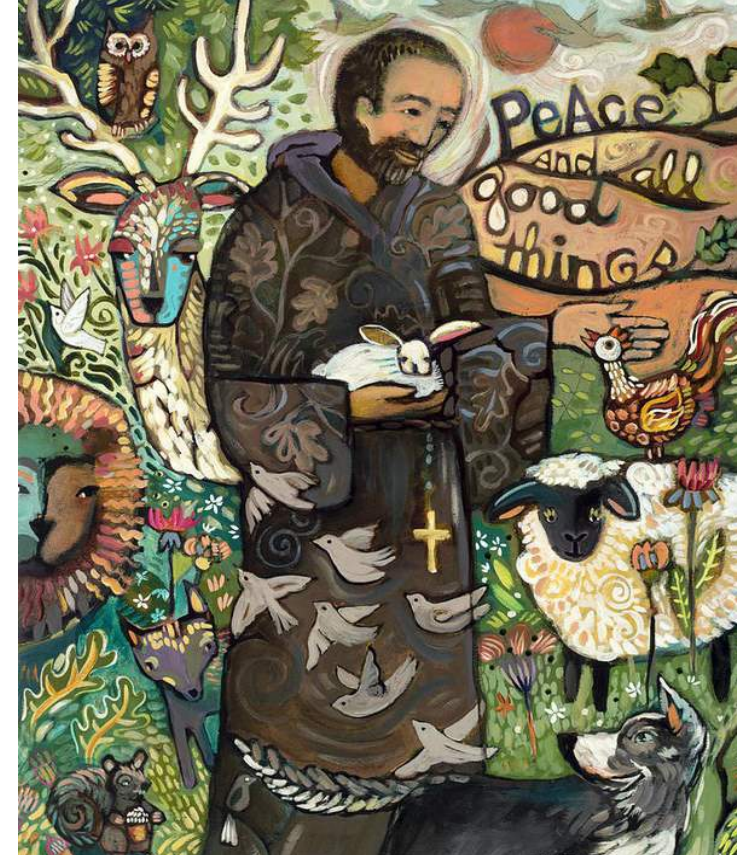


The presenters of this series will be Capuchin friars who are considered to have either an expertise or knowledge of a particular aspect of Franciscanism: Bill Hugo, Biju Parakkalayil, John Corriveau, Tom Nguyen, and Jerry Kessel. Each presentation will be stimulating and informative.



Our mission as a Franciscan based retreat center is to create spiritually focused programs that are available to all. Many people who desire to grow in their faith are not able due to other responsibilities. People want something...more than just Sunday mass. Our society is hungry for something. And we want to help fill that void.

Give some thought to joining us for the Francis of Assisi series...plus enjoy a delicious meal. We are asking a donation of \$25 a session or \$100 for the whole series. Let us hear from you if you have questions or want to sign up. Give us a call, email us, or drop us a line and get signed up! Our very capable operators are standing by for your call!



Food and Francis

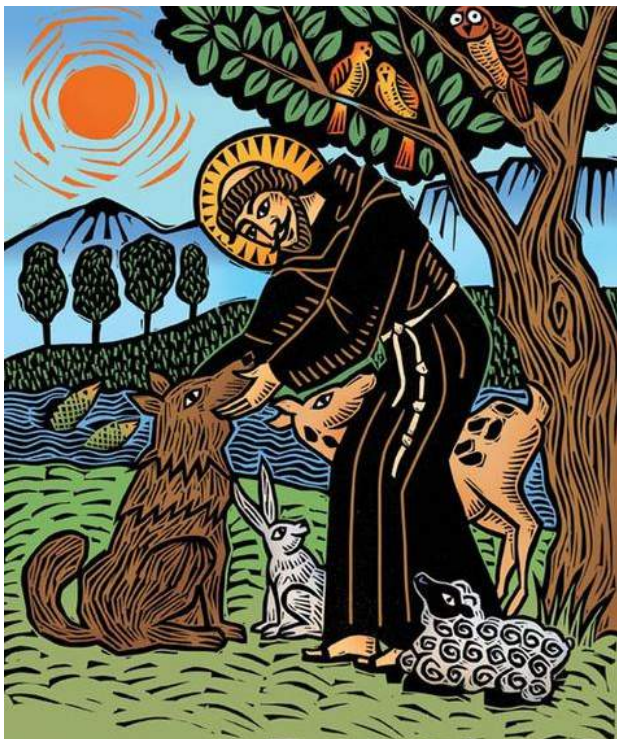
Every other Wednesday evening from 5:45-8:30pm-Sep 25, Oct 9 & 23, Nov 6 & 20. Stop here after work, enjoy a nice meal, get some food for the soul, and be on your way home by 8:30, so you can relax and chill before bedtime.

We are asking a donation of \$25 a session or \$100 for the whole series *includes dinner*

Call Capuchin Retreat at 248 651-4826 or register online at

www.capretreat.org

Answer the following questions. Do you ever feel discouraged, disenchanted by life, the world, the Church? Do you ever ask yourself the question, what's it all about? Wonder if God took the last train to the coast? Have a hankering for something, but do not know what it is? Feel the need for some spiritual enrichment, something stimulating... along with something to eat? Disinclined to spend a whole weekend on a retreat? Looking for something but do not want to be out till all hours of the night? Well, consider joining us at the Capuchin Retreat every other Wednesday evening from 5:45 till 8:30, starting September 25th, October 9th, 23rd, and November 6th, & 20th.



From September through November we are going to present a series on Francis of Assisi. Why Francis? Because after 800 years Francis of Assisi is still contemporary, popular, and speaks to so many issues of today's world. In five sessions, over a period of about three months, we are going to take Francis out of his typical birdbath. We are going to delve into the life of Francis, Francis and contemplation, Francis and Peace, Francis and secularism, and finally a presentation on Clare of Assisi, Francis' female counterpart. Each session is intended to "dovetail" on the other yet if you are unable to take advantage of the whole series, the program is constructed like a good soap opera, you can easily plug into the one(s) that piques your interest .

Schedule

5:45 - Registration
6:00-7:00 - Dinner
7:00-8:30 - Themed Talks
September 25th
October 9th & 23rd
November 6th & 20th



The objective of the **Food and Francis** series, as well as those others that will be presented in the coming year, are to make spirituality available to those who might normally not be able to take advantage of day programs because of work, or simply don't want to sacrifice their whole evening.

Join us here this fall at:

Capuchin Retreat
for **Food and Francis**

we are located at
62460 Mt. Vernon Rd.
Washington, MI 48094
248 651-4826