Welcome to Capuchin Retreat

What is a Retreat?

Located on 95 park-like acres of gentle meadows and quiet woodland in Macomb County, Michigan, Capuchin Retreat is a Catholic Franciscan spirituality and retreat center which will renew your peace of mind. The Capuchin friars and ministry staff welcome people of all faiths and those searching a spiritual path.

This brochure answers some frequently asked questions about retreat.

Each year a new theme is developed. For 2019-20 the theme is

“Speak, for your servant is listening”
1 Samuel 3:10

Over a period of time, Samuel, with the help of Eli, eventually comes to an awareness that God is speaking to him. God is speaking to us in a variety of ways, in the high and lows, good times and bad, light and darkness, of life. Unfortunately, we do not hear or we are not conscious of a God who is constantly speaking to us.

On this weekend we will try to discern the voice of God and recognize the many ways in which God speaks to us, individually, and in our world. Hopefully we too will come to a place where we begin learning to hear God’s voice.

For even more information, give us a call at (248) 651-4826 or go to our website www.capretreat.org

Following is a typical schedule for a weekend retreat:

Friday
6:30 p.m. Registration
7:30 Welcome/Orientation
8:00 Conference, Evening Prayer

Saturday
8:00 a.m. Mass
8:45 Breakfast
10:00 Conference
11:15 Conference
12:30 p.m. Dinner
2:30 Rosary (Optional)
3:00 Conference
4:00 Confessions
5:30 Supper
7:00 Healing Service & Adoration of the Blessed Sacrament

Sunday
8:00 a.m. Breakfast
9:00 Morning Prayer
9:30 Conference, followed by dialogue/feedback
11:00 Sunday Liturgy
Noon Dinner and Farewell

Telephone: 248 651-4826
Website: www.capretreat.org

We hope you are inspired to schedule time for your spiritual growth by coming to Capuchin Retreat, whether for a weekend retreat, a private retreat, one of our many programs, or just to visit our lovely grounds and let God speak with you. Feel free to find out more by going to our website www.capretreat.org or call the office at (248) 651-4826 between 8:30 a.m. and 4:30 p.m.
What is a Retreat?

What is the purpose of a retreat?

A retreat is an opportunity to get away from the distractions of everyday life to communicate more closely with God. Capuchin Retreat offers silent retreat weekends to help you listen to God’s Voice.

What is a Silent Retreat?

A silent retreat is one in which we request those attending to maintain a quiet atmosphere from after the opening orientation session until the closing liturgy. Silence promotes an environment of deep listening which is useful for rest of body and soul, and attentiveness to the presence and action of God.

Can I come on retreats other than those scheduled?

Yes, in fact other types of retreat are becoming very popular. Options are available to come for a private retreat for personal self-directed solitude and prayer time, or for a directed retreat where a spiritual guide travels through the days with you. Please call the office to schedule a private or directed retreat.

Are non-Catholics welcome?

People of many faiths ask this question and the answer is a resounding YES.

How much does it cost for a weekend retreat?

The offering for most weekend retreat programs for 2019-2020 is $170 per person including private rooms and all meals and snacks.

What do I need to bring with me on a retreat?

We provide you with a private room (including private bathroom, linens, towels, soap, and tissue). We recommend you bring casual clothing appropriate to the weather as well as any toiletries or personal items you may desire. Many retreatants also bring books or journals or other reflection materials with them. We do have a library of books and CDs for your spiritual journey.

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And now a little about some of our Staff

Fr. Binoy Augustine, Capuchin, is the Director of the retreat center. He joined the Capuchin Province of Krist Jyoti, North-West India in 1994 and was ordained to priesthood on January 6, 2007.

Fr. Tom Nguyen, Capuchin, is in charge of programming for the center. He entered postulancy in 2006 with the Capuchins and his message is of joy and hope grounded in the Franciscan perspective.

Fr. Tom Zelinski, Capuchin, is on the preaching staff here and has been a Capuchin for over 56 years and a priest for 47 years. Fr Tom has worked in 3 retreat centers, and a parish.

Fr. Biju Parakkalavil, Capuchin, joined our staff in the Fall of 2017 from St. Conrad Friary in Milwaukee from the formation team for postulancy.

Fr. Jim Hast, Capuchin, has worked as a hospital chaplain, pastor of a parish, spiritual director, worked in evangelization and in retreats, and as the Director of the Solanus Casey Center.

Fr. Jim Andres, Capuchin, returned to Capuchin Retreat in 2010 from St. Ronald’s Parish in Clinton Twp.

Brother Joseph Howe, Capuchin, Celebrated his 60th Jubilee this year and with humbly greet you at the desk and tend to all your needs here at the retreat house.

These are just some of our dedicated staff who keep the programs and grounds working so well. There are friars, maintenance/groundskeepers, housekeeping, food service workers, and volunteers, etc.. Capuchin Retreat is also blessed with a group of lay women who make up our Extended Preaching Staff (EPS). Nancy Clancy, Sally McCuen, Diane McDonald and Patty Merlo, share their life experiences and serve as spiritual directors. Their combined credentials include co-director for The Week of Guided Prayer, commissioned spiritual direction, Masters in Theology and pastoral ministry, Bible study, training in the spiritual exercises, Christian-guided meditation, canon law procurator advocate, and more.

Capuchin Retreat

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