

Mid-Week Retreat

"Come and Rest in Me"

This year's mid-week retreat will look at this theme from a Franciscan perspective. If we are going to rest in Christ, we need first of all to recognize his presence in all the circumstances of our lives. Part of that resting is to slow down and be quiet and pay attention to that constant presence. We don't have to "come" or "go" any-where; Christ is with us always. In this retreat we are invited to pay attention to that presence, to welcome that presence, to see what hinders us from being more aware of the presence of Christ. We need to have our eyes opened so that we can recognize him on the journey.



We invite you to spend a few days with us at a "mid-week" retreat **Monday, Oct 2-Wednesday, Oct 4, 2017** at Capuchin Retreat, 62460 Mt. Vernon Rd, Washington, MI 48094. We welcome people of all faiths. The cost for this retreat is \$170.

To register or for more information call 248 651-4826. You may also register online at our website (www.capretreat.org) and see our many other programs and opportunities for spiritual growth.